



JUPITER-TEQUESTA JUNIOR WOMEN'S CLUB

H.O.T. JUNIOR NEWS (HELPING OTHERS TOGETHER)



Claire Portmann, Editor

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January, 2007

President - Candy Koester

Congratulations and welcome to all newly initiated members!

I want to introduce and congratulate the new officers and chair people:

First VP: Julia Weston

Second VP: Celeste Jackson

Third VP: Claire Percuoco

Treasurer: Gina Serraes

Recording Secretary: Lynne Rifkin

Corresponding Secretary: Claire Portmann

ARTS: Audrey Aradi, Val Kohnen,
Charlotte Luinetti,

CONSERVATION: Beverly Bell-Proffett,
Claire Portmann,

EDUCATION: Kerry Harpeneau,
Janet Strand, Jeanne Takeda,

FUNDRAISING: Beverly Bell-Proffett,
Claire Percuoco, Margo Youngman,

HOMELIFE: Terry DesPlaines,
Claire Portmann, Donna Bryan,

INTERNATIONAL AFFAIRS:
Margo Youngman, Lisa Elbin,

LEADERSHIP: Sheryl Molter, Lori Gustella,

MEMBERSHIP: Julia Weston,

PUBLIC RELATIONS: Claire Percuoco,
Debbie Nellson,

E-MAIL/WEB: Kerry Harpenau,
Jeanne Takeda,

PUBLIC AFFAIRS: Lori Gustella, Lisa Elbin

Although most of you know I believe in a "kind and gentler" JTJWC. I know we all have responsibilities that don't allow us to attend all of the meetings. Having said this, please if you cannot make any meetings during the year or fund raisers or other activities, you need to evaluate if this organization is really for you.

Please check your emails at least twice a week. We send a lot of information out through emails!! Also, please email me your suggestions for where we should go after our January meeting to eat and enjoy each other's company... cfkflorida@aol.com.

We will be taking pictures of all new members for the yearbook pages at the January meeting. If you are an older member but have information that needs to change on your yearbook page or telephone page, please let Julia know ASAP. We need cell numbers for all new members!! Please email Julia: vestallaugh@yahoo.com I look forward to working with all of you throughout this year. Also...I know you look forward to my nag notes!!

Next Meeting Tuesday, January 9th, 2007

Good Shepherd Episcopal Church
Fellowship Hall (behind the main church)
400 Seabrook Road
Tequesta, FL

Board meeting: 6:30 PM
General Meeting: 7:00 PM

At this meeting we will be breaking up into committees and planning what activities you will be doing during the next few months.

Socializing after the meeting – Location TBD

We need your ideas!

Treasurer - Gina Serraes

NOTICE TO ALL MEMBERS (OLD, NEW & SUSTAINING)!

Your club dues for 2007 are due in January. The cost is \$38.00 Please make checks payable to JTJWC, if you are unable to attend the January meeting please mail payment to:

Gina Serraes,
1243-52nd Street, Unit #3,
Mangonia Park, FL 33407.

Also at the January meeting we will be scheduling the 2007 Budget Meeting (probably 1/23/07), to take place at my home. Committee chairman are required to attend and we will also need 2 members at large

Membership – Julia Weston

Congratulations to all our new members!! Welcome to Pamela Bechill, Karen Bentz, Heather Bishara, Debbie Nellson, Katherine Gorin, Becky Kobylarski, Karen Tiburzi, Donna Wohlfarth, Mary Pruitt, Janet Strand, and Kathleen Adamek. Thank you for joining our friendly and productive group. I will be contacting you about our orientation meeting, where I will review our orientation booklet and answer any questions.

I would like to encourage all members, new and old to invite friends or relatives to any meeting so that we can increase our membership.

Our next club meeting on January 9th (always the second Tuesday of every month) takes place at the Good Sheppard Church on Seabrook Drive in Tequesta at 6:30pm for board members, and 7pm. for members. Please attend this meeting. We will be taking pictures and gathering information to produce a club yearbook that we distribute every year. If you have been in the yearbook previously, and have a new phone number, cell number, have had a baby or moved, we need to know. If you can't make the meeting, please email the information to Julia at vestallaugh@yahoo.com or call 676-4333. The yearbook will be produced in February and is an important tool for everyone.

Those who have joined the membership committee will meet with me at January's meeting. We will discuss the plans for the New Member's Social, including but not limited to the New Member Drive, public relations, and organization of that event. Please bring all your great ideas.

Thanks to everyone for the Junior of the Year Award. You made me feel very special and I will never forget it.

January Celebrations



Birthdays

Beverly Bell-Proffett 11
Mary Iwasiuk 15

Anniversaries

(none)



Public Relations – Claire Percuoco

Jeff Alexander at the Courier, as always, came through for us and printed a picture in the Wednesday, December 20th edition. It showed our new officers and gave us a little plug about our new members. We are working on the Jupiter Magazine to see what kind of press we can get to promote our Viva Las Vegas fund raiser. Keep your fingers crossed! More info to come when we have it.

January is:

Volunteer Blood Donor Month
– So, I challenge you to donate!
(see details on page 4)



- **January 1, 2007:** New Year's Day
- **January 15, 2007:** Martin Luther King
- **January 20, 2007:** Inauguration Day



Flower: Carnation, Snowdrop
Gem: Garnet

Fund Raising – Celeste Jackson

Happy New Year Everyone! Let's make it our goal to make 2007 our most successful fund raising year ever. Our hope is that by this time next year the Jupiter Tequesta community will know who JTJWC is and what a difference we are making in our area.

Our 3rd annual Tropical Casino Night is March 2nd at Abacoa Golf Club. To make this a success we need every member to sell at least 4 tickets and collect a minimum of 2 items for our silent auction. Tickets are \$75 each and are tax deductible. If you did not get tickets, solicitation letters, or tax receipts for the donors at our December meeting or just need more, we will have them again at the January meeting or you may come by my house to pick them up. Please e-mail at cjpitproducts@aol.com to let me know what businesses you have solicited for donations so we do not duplicate efforts.

We are planning to start a new fund raising event that will take place in the fall. If you have any ideas please submit them to the fund raising committee. We will review all ideas and present them to the general membership this spring to decide on what event to hold.

Keep collecting those cell phones. We are not only recycling, but raising money for our club.

Juniorettes – Claire Percuoco

Merry Christmas and Happy New Year! 2006 went well and 2007 looks to be a great year for the Juniorettes, our fundraiser at Wal-Mart went much better than we ever hoped for, we raised over \$500.00 before expenses and were able to purchase gifts for two foster kids, thanks Joyce. I also received a call from Wal-Mart on Christmas Eve, Rachel from Wal-Mart explained that there was a check waiting the JTJWC Juniorettes for \$1000.00. This is the best Christmas gift we could have asked for. We will be meeting on the 6th of Jan to discuss plans for 2007. The Juniorettes this past fall participated with the Jupiter Community Center, for Halloween, Holiday Pet Pictures with Santa, and the Holiday Fun Fair. They have also been working at the Tutorial Center tutoring young kids that need a little extra help. I am so proud of all of them and look forward to see what they will do in 2007. Great job, Juniorettes! And, a big thank you to Margo Youngman and Brian Portmann for all their help and support. Janet Gandy has offered to help out the Juniorettes and we look forward to having her! More Soon

Next Newsletter Deadline:
Monday, January 22nd

Please submit your items to:

Claire Portmann
Email: cjportmann@hotmail.com



Call: 561-743-8467
Fax: 561-743-8467 (please, call first)

Mail: 1605 S US Highway 1
M1-201
Jupiter, FL 33477

Conservation - Beverly Bell-Proffett

We still are in the process of accepting old cell phones as well as items for resource depot. Anytime you have something just bring to me at a meeting or give me a call. We did get our required 4th Hwy 1 cleanup, but hopefully next time we'll get a better turn out, I know it was kind of last minute and during a busy holiday season for us all. I look forward to the new year ahead, I have lots of new ideas to share for our Conservation committee and really getting the communities to be aware of our abilities to contribute. I wish you all a very Happy New Year and will see you at the next January meeting.

Member to Member(s)

To all: Thank you to all for awarding me, along with Claire Percuoco, the cherished honor for the Rookie of the Year award! It's been such a rewarding year and an honor to work with each and every one of you!
Kerry Harpenau

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*Hi Maryann*

*You are my Secret Pal and we are going to have a FUN year. I am traveling over the holidays. You won't hear from me until mid-Jan. Have a great New Years!! I have a question for you, where will you be traveling to ? The last line was cut off on the fact sheet. AND: Where do you eat out most often? Do you eat healthy? Talk to you in 2007! Best wishes to your family. YSP*

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To my new secret pal!!

WOW...you got a quick start...I love the Kendall Jackson (as I'm sure you know) and the apron is perfect... Thank you for a nice surprise... **Candy**

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**To my Secret Pal:**

Thank you so much to my secret pal, for brightening up my season! I love the Santa Pin! Wishing you a very Merry and Blessed Christmas! **Kerry Harpenau**

## Education – Kerry Harpenau

The Education Committee will always welcome donated reams of copy paper for the local high schools, as well as rulers, protractors etc.

## Public Affairs - Lorri Guastella

January is National Crime Stoppers Month. Crime Stoppers originated in Albuquerque, New Mexico in 1976 and is a partnership of the community, the media and law enforcement designed to combat crime and keep our streets safe. Today there are approximately 1,200 Crime Stopper programs around the world.

Crime Stoppers of Palm Beach County is a civilian volunteer 501(c)(3) non-profit organization. The Board of Directors is made up of concerned citizens who actively help guide the program. They are directly responsible for fund raising and the administration of the reward monies. From 1981 to the present, Crime Stoppers of Palm Beach County has helped solve 5,486 cases, recovered almost \$4 million in property, and recovered approximately \$14,800,000 in narcotics.

People who have information that can help solve a crime can call anonymously at 1-800-458-TIPS (8477) or go on-line to [www.crimestopperspbc.com](http://www.crimestopperspbc.com).

## How to Make a New Year's Resolution

Tradition dictates that every 365 days, you should try to kick bad habits and start your life anew. So sit down with a cup of coffee, a paper and a pen, and reflect: What kinds of resolutions will you make for yourself this New Year's?

### Instructions

- **STEP 1:** Be realistic by setting achievable goals. Winning the lottery, for example, is out of your grasp.
- **STEP 2:** Describe your resolutions in specific terms. Instead of "I don't want to be lazy," opt for "I want to exercise regularly" or "I will cut down on my television watching."
- **STEP 3:** Break down large goals into smaller ones. For instance, commit to losing weight by resolving to join a gym and improve your eating habits.
- **STEP 4:** Find alternatives to a behavior that you want to change, and make this part of your resolution plan. So you want to quit smoking but you smoked to relax yourself? What other forms of relaxation are available to you?
- **STEP 5:** Above all, aim for things that are truly important to you, not what you think you ought to do or what others expect of you.

(reprinted from e-how.com)



## Blood Donation Challenge

***NOT a JTJWC sponsored activity***

but if you are interested in participating I received this information and thought I would put it out there.

I know there is a shortage of blood and since January is *Volunteer Blood Donor Month*, I challenge each of you to take the time and donate a pint of blood this month.

To eligible, you must be in good health, 16 years of age (16 & 17 with parental permission) or older and weigh a minimum of 110 pounds. **ALL DONORS NEED A PHOTO ID.**

The entire procedure, from completing a short medical history to drawing the blood and resting afterward with refreshments, takes less than an hour. (Think of it as a free mini-physical.)

When you do this, five different blood products are derived from a single donation - white blood cells, red blood cells, platelets, plasma and a clotting factor - which are useful in treating cancer, anemia, hemophilia, burns, trauma and other conditions.

The prize for this is it's good for you. Not only will you feel good knowing you've positively affected up to three lives, but donating blood has many physical benefits as well, such as reduced risk of heart attack and certain cancers. Donating blood can only help your diet...it takes off one pound.

Stop in to any Florida Blood Center. There is one at 75 E Indiantown Road in Jupiter.

Call or email me to let me know when you donate and I will report back our percentage of participation next month.

Claire Portmann