



GFWC JUPITER-TEQUESTA JUNIOR WOMAN'S CLUB



H.O.T. JUNIOR NEWS

(HELPING OTHERS TOGETHER)

Jeanne Takeda, Editor

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March 2015

GFWC Jupiter-Tequesta Junior Woman's Club, Inc.

P.O. Box 3811 Tequesta, FL 33469-0811

www.jtjwc.org

400 Seabrook Road
Tequesta, FL 33469

Board Meeting: 6:30 PM
General Meeting: 7:00 PM

Socializing after the meeting

Next Meeting
Tuesday, March 10, 2015

Good Shepherd Episcopal Church
(in the Social Hall Behind the Church)

TBD



From Our President

Cecilia Hudnet

MARCH HEALTH AWARENESS MONTH & NATIONAL WOMAN'S HISTORY MONTH

PLEASE WEAR GREEN TO OUR MEETING ON MARCH 10TH

Every month, I get a spark of inspiration to help decide what the month's theme should be. This month that spark was slow in coming. So I sat down with my pad of paper and pen and started to think, then it came to me I will be attending the WILD PANTS PARTY event which happens to be one of the many events The Arc of the Palm Beach County puts together for the month of March - Mental Retardation Awareness Month, for more information visit the ARC of the United States www.thearc.org

After doing some more research on the internet I found a calendar of Health Observances for the month of March

- Trisomy Awareness Month for more information visit www.trisomy.org
- National Chronic Fatigue Syndrome Awareness Month and Fibromyalgia Association for more information visit www.ncfsfa.org
- National Colorectal Cancer Awareness Month for more information visit www.preventcancer.org
- National Eye Donor Month for more information visit the Eye Bank Association of America www.restoresight.org
- National Kidney Month for more information visit the National Kidney Foundation www.kidney.org
- American Red Cross Month for more information visit the American Red Cross www.redcross.org
- National Nutrition Month – www.eatright.org
- National Multiple Sclerosis Education and Awareness Month for more information visit the Multiple Sclerosis Foundation www.msfocus.org/national-ms-awareness-month.aspx

I must say that it amazes me how our members balance it all and still volunteer and give on a club and state level. March is National Woman's History Month, and I would like to acknowledge you. Many of you have been in the club for many years and have made history. Hats off to you all. Thank you for all that you do for the club.
(Continued on page 2)

March is Women's History Month – Women's History Month had its origins as a national celebration in 1981 when Congress passed Pub. L. 97-28 which authorized and requested the President to proclaim the week beginning March 7, 1982, the next five years, Congress designating a week in March as being petitioned by the National passed Pub. L. 100-9 which "Women's History Month".



as "Women's History Week" Throughout continued to pass joint resolutions "Women's History Week" in 1987, after Women's History Project, Congress designated the month of March, 1987, as Between 1988 and 1994, Congress

Joyce Ross and committee with Home Life invited Mr. Dudenhoefer.

Our Guest Speaker for March will be Steve Dudenhoefer, the founder of Ak Tenamit a place that provides health, education and income generation services to the 8000 Q'eqchi Mayan Indians living in 34 villages between Casa Guatemala and the town of Livingston on Atlantic coast. Today, Ak Tenamit's biggest project is the Fr. Tom Moran Vocational Secondary School. This school houses over 450 students in grades 7-12. J

POSITIVE INSPIRATIONS - SMILE

Smiling can help us in many ways including:

- **Making us more attractive**
- **Changes our mood**
- **It's contagious**
- **It relieves stress**
- **Boosts the immune system**
- **Lowers blood pressure**
- **Releases endorphins, natural pain killers and serotonin**
- **Makes you look younger**
- **Makes you seem successful**
- **Helps you stay positive**

A warm smile is the universal language of kindness – William Arthur Ward

HAPPY ST. PATRICK'S DAY!



FAU Jupiter Campus
~ Sponsored by FAU Lifelong Learning Society (LLS)

5353 Parkside Drive, Jupiter, FL 33458

Tickets: \$15/person (On Sale NOW)
When: Thursday, March 19th

Time: 6:00 pm (Information tables, raffle, food)
Films Start: 7:00 pm (usually end around 9:00pm)
Information call LLS: 561-799-8547





What's the Buzz with the VP's News

Membership

Mary Ward, 1st Vice President

February was all about being thankful and opening our hearts!

- ♥ Thank you Ana Warder, Dixie Lee Dorsey, Julie Dickinson, Evelyn Dolby, Bonnie Larson, Cecelia Hudnet and Heather Trussi for helping with Jupiter Jubilee on February 7.
- ♥ Thank you Candy for putting together a Pamper Yourself Basket that we raffled.

It was a fun day getting to know one another better, and we met some really great women who have expressed an interest in our club.

- ♥ Thank you Dixie and Ana for opening your hearts on Valentine's Day and volunteering at Empty Bowls, a fundraiser for Palm Beach County Food Bank.
- ♥ A special Thank You to Sheryl Molter for the King Cake from New Orleans, the families at the Quantum house loved it!



March 8th "Chef for a Day" we will be supplying dinner for the 10 families staying at the Quantum house. A St. Patrick Day theme is the focus of this event. They have a full kitchen and a grill. We will be cooking dinner for 15-20 people so we should arrive between 4:30 – 5:00, and dinner is served at 6:00pm. We are welcome to stay and eat with the families they enjoy the company and fellowship. I understand we are all busy so this may not be an option for everyone but this is a really nice hands on projects with families that are very grateful for everything that the community does to help them.

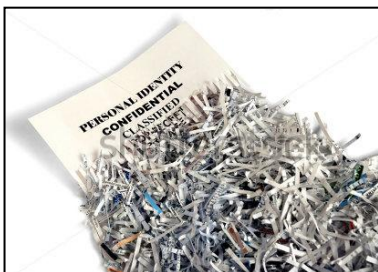
Fundraising

Bonnie Larson, 2nd Vice President

FUNDRAISING TO RAISE MORE MONEY FOR JTJWC!

March 14th is the Fashion Show - All Members need to Purchase a ticket for \$45 & make a basket (you can partner w/ another club member to make a basket)

There are 500 ideas here, I'm sure you can find ONE!
<http://www.fundraiserhelp.com/500-silent-auction-basket-ideas.htm>



April 25th Shred Event - Once we have our location set & fliers made I ask for ALL members to PLEASE help with distributing fliers around town!

GFWC Woman's Club of Jupiter-Tequesta & GFWC Jupiter-Tequesta Junior Woman's Club
PRESENT
"Cruise Into Spring"
Fashion Show & Luncheon Fundraiser
Fashions by: Patchington
Tickets - \$45.00
Turtle Creek Country Club - Tequesta
March 14th @ 11:30
Proceeds Benefit Scholarships to High Schools Students in Our Community
Call today for tickets (561) 719-6816

Committee News & Notes



Arts

Dixie Lee Dorsey

Thank you to everyone who has volunteered to be on the committee and who will be volunteering to help with the Lighthouse K-12 Art Exhibition in May. Would everyone kindly remember to pick up a donation for refreshments when you are doing your household shopping and bring it to the next meeting so we can stock up? Thank you so much!



Education

Julie Dickson

GFWC Jupiter-Tequesta Junior Woman's Club Educational Scholarship Applications

Now Available at <http://jtjwc.org>



The 2015 scholarship applications for Jupiter & Tequesta female high school seniors or women reentering to pursue a degree.

Scholarship Fund Drive Letters will be mailed this week to 90 past JTJWC Members.

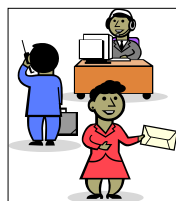


Leadership

Sheryl Molter

Cecilia Hudnet, Mary Ward, Bonnie Larson, Claire J. Portmann, Jeanne Takeda and I attended the District 10 Arts and Crafts meeting in Jupiter on February 28th. Cecilia Hudnet gave the Welcome at the District 10 meeting. A big thanks to all our members attending helping with set-up, registration, check-in and clean-up. Our club did well with one 2nd Place winner, one 3rd Place winner and a joint 1st place with the Woman's Club of Jupiter-Tequesta. The first place winner will go to the state competition in May. Good Luck to our winner. See pictures of our winning entries on page 5.

Our state convention will be held in Orlando from May 15-18th. If you are interested in attending please let Sheryl Molter know at the March meeting. The registration is usually \$30.00 and meals are various prices plus hotel room stay.



Corresponding Secretary

Jeanne Takeda

The deadline submissions for the April newsletter will be Tuesday, March 25, 2014 to jtakeda@fau.edu

Corrections Newsletter: Please send correction(s) to jtakeda@fau.edu



Member to Member(s)

To My Secret Pal – THANK YOU for the gift certificate to 3Natives! I can't wait to ENJOY an Acai Bowl! ~ Bonnie Larson

Thank you to my Secret Pal – The Valentine's stuff was a huge hit with me and of course the children. ~ Jeanne Takeda

To My Secret Pal - Thank you for my gift in January and February. ~ Randee Strassler



Thank You to Members for donating: Gently used suits; career casual clothing for women and any accessories, i.e. shoes, bags, jewelry, scarves, etc. to support BPW annual suit drive (community support).

✘ YWCA Harmony House ✘ Gratitude House ✘ Project 18
✘ The Inner Truth Project ✘ Florida Resource Center for Women and Families
~ Jeanne Takeda



Thanks for Supporting Project Graduation “Chicken Dinners” for Jupiter High School. ~ Public Issues & Candy Koester



ANNIVERSARIES FOR THE MONTH OF MARCH...

- JEANNE TAKEDA MARCH 16

Birthdays for the month of March...

None to report for this month



1st Place: Group Entry – Holiday Tree by GFWC WC & Jr.WC of Jupiter –Tequesta
 2nd Place: Painting Acrylic – Lighthouse scenic by Julie Dickison
 3rd Place: Deco-3D Craft – Pumpkin “Kahuna Pig” by Jeanne Takeda
 Photos by J. Takeda



Committee Chairs

Arts

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Leadership

Sheryl Molter

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Sheryl Molter

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Open

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(Phone Tree)
Evelyn Dolby

"motto"

Leadership Membership Publicity

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